



# CADET COOKBOOK RECIPE

## Cinnamon Apple and Banana Oatmeal

*Submitted by Anonymous*

### INGREDIENTS

- 2 packs instant oatmeal, any flavor
- 1 honeycrisp apple
- 1 tbsp butter
- 1 medium banana
- cinnamon for garnishing

### DIRECTIONS

Cut up your apple into small pieces. Put it in a microwave safe bowl, and add butter and sprinkle cinnamon. Microwave for 1 minute. Remove from the microwave and mix so that the butter and cinnamon are dispersed. Microwave for another 30 seconds. Set apples aside and cut the banana into small slices. Prepare your instant oatmeal according to the directions, then mix in apples, and top with banana.

Adding fresh fruit (especially with a bit of melted butter ) to your oatmeal never fails to please.